

Sample REST Curriculum

REST Curriculum Feb-August 2015
Module 1: Primary Trauma
<ul style="list-style-type: none">• Trauma Care Management• Airway• Breathing• Circulating• Disability or damage• Exposure
Module 2: Secondary Survey, Referral & Transport
<ul style="list-style-type: none">• Secondary overview survey• Urinary catheter placement• Patient consent, referral & transport• Oxygen supplementation• Intravenous Access• Cricothyroidotomy
Module 3: Trauma in Children and Adults
<ul style="list-style-type: none">• Trauma in children• Managing airway in a child with trauma• Suspected neck trauma• Breathing• Circulation, intravenous access• Trauma in elderly
Module 4: Preparation for Surgery
<ul style="list-style-type: none">• Preventing transmission of infection• Hand washing• Surgical scrubbing• Gowning and gloving for surgery• Instrument selection and use• Patient preparation for surgery
Module 5: Wound Management
<ul style="list-style-type: none">• Basic management• Wound toilet and Surgical debridement• Wound infections• Immunisation and Prophylaxis
Module 6: Structure & Foreign Body Removal
<ul style="list-style-type: none">• General suture techniques• Specific lacerations, lip, tongue, ear, eyelid, hand, tendon• Removal of foreign bodies
Module 7: Burns, Cellulitis, Abscess
<ul style="list-style-type: none">• Burn first aid• Acute burn management in children• Cellulitis and abscess management