

<b>ZamEST Curriculum</b>
<b>Module 1</b>
<ul style="list-style-type: none"> <li>• Approaching the surgical patient</li> <li>• Communication in surgery</li> <li>• Referring the surgical patient</li> </ul>
<b>Module 2</b>
Principles of Resuscitation of the trauma patient <ul style="list-style-type: none"> <li>• Fluids</li> <li>• Blood</li> <li>• Monitoring</li> </ul>
<b>Module 3- Surgical Emergencies</b>
<ul style="list-style-type: none"> <li>• Trauma (blunt)</li> <li>• Acute abdomen</li> <li>• Complications of surgery</li> </ul>
<b>Module 4- Practicals/Demonstrations</b>
<ul style="list-style-type: none"> <li>• Cardiopulmonary resuscitation (CPR)</li> <li>• Advanced Trauma Life Support</li> <li>• Central venous pressure (CVP) line insertion</li> <li>• Insertion of chest drain</li> <li>• Tracheostomy &amp; cricothyroidotomy</li> <li>• Venous cut down</li> <li>• Exploration of testes (for torsion)</li> <li>• Covering of gastroschisis using a silo</li> <li>• Reduction of common fractures and dislocations</li> <li>• Plaster of Paris (POP) application and removal</li> <li>• Fasciotomy</li> <li>• Suprapubic cystostomy (open and puncture)</li> </ul>

## ZamEST Course Schedule

2015 trainings are concentrated in two main regions of Zambia: Monze and Kabwe.

	<b>Date (2015)</b>	<b>Venue</b>
1.	15-17 July	Monze Mission Hospital
2.	18-20 August	Kabwe General Hospital
3.	14-16 October	Monze Mission Hospital
4.	18-20 November	Kabwe General Hospital